Familywellness

November 9th - November 15th

Activity pool, hot tub, sauna, and steam room are open when the aquatics facility is open. Slide and water feature usage is by request and dependent on other activities (ask lifeguard on duty for more details).

Lap Swim is designated in ***WHITE.*** Group Fitness classes are degisnated in ***ORANGE.***

Swim lessons and Adult Swim Team require advanced registration into those programs. Water Exercise is first come first serve, with the exception of float classes when offered.

There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Lap Pool	Lap Pool	Lap Pool	Lap Pool	Lap Pool	Lap Pool	Lap Pool
5:00AM	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Opens at 6:00AM	Opens at 8:00AM
5:30AM					5:30AM AquaFit		
6:00AM						Lap Lap Lap	
6:30AM							
7:00AM	7:00AM Water Exercise						
7:30AM			Aqua Strides	Aqua Strides		Aqua Strides	
8:00AM	8:00AM Water Exercise	8:00AM Water Exercise	8:00AM Water Exercise	8:00AM Water Exercise	8:00AM Water Exercise	8:00AM Water Exercise	Lap Lap Lap
8:30AM							
9:00AM	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Swim Lessons - Fall 2	Reserved
9:30AM							
10:00AM							
10:30AM							
11:00AM							
11:30AM							
12:00PM		12:00PM Water Exercise		12:00PM Water Exercise		Lap Lap	Private Swim Lessons
12:30PM							
1:00PM		Lap Lap Lap		Lap Lap Lap		Reserved	1:00PM Water Exercise
1:30PM							
2:00PM							Lap Lap Lap
2:30PM							Lap
3:00PM							
3:30PM							Reserved
4:00PM			Private Swim Lessons			Reserved	Private swim lessons
4:30PM	Swim Lessons - Fall 2	Swim Lessons - Fall 2		Swim Lessons - Fall 2			
5:00PM							
5:30PM					5:30PM Water Exercise		
6:00PM			6:00PM Water Exercise				
6:30PM	6:35PM Water Exercise				Lap Lap		
7:00PM		Adult Swim Team	Lap Lap Lap	Adult Swim Team	Reserved		
7:30PM	Lap Lap Lap						
8:00PM		Lap Lap Lap		Lap Lap Lap			
8:30PM							
9:00PM							
9:30PM							
10:00PM							

Pool closes at 8:30PM Monday-Friday until further notice

Pool closes at 7:30PM Saturday and Sunday