

Family wellness

February 2 - February 8

Activity pool, hot tub, sauna and steam room are open when the facility is open. Slide and water feature usage dependent on other activities (ask lifeguard on duty for more details).

Lap Swim is designated in **WHITE**. Open Swim is designated in **GREY**.

Swim lessons and Adult Swim Team require advanced registration into those programs. Water Exercise is first come first serve, with the exception of float classes when offered.

There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday							
	Large Pool			Large Pool			Large Pool			Large Pool			Large Pool			Large Pool			Large Pool							
5:00AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Opens at 6:00AM			Opens at 8:00AM							
5:30AM																										
6:00AM																										
6:30AM																										
7:00AM																										
7:30AM																										
8:00AM	8:05AM			8:05AM			8:05AM			8:05AM			8:05AM			8:05AM			Lap	Lap	Lap					
8:30AM	Water Exercise			Water Exercise			Water Exercise			Water Exercise			Water Exercise			Water Exercise										
9:00AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Swimming Lessons			Reserved							
9:30AM																										
10:00AM																										
10:30AM																	12:05PM			11:30AM						
11:00AM																										
11:30AM																										
12:00PM	12:05PM			Water Exercise			12:05PM			Water Exercise			Water Exercise			Swimming Lessons			Reserved							
12:30PM				Lap	Lap	Lap																				
1:00PM																										
1:30PM																										
2:00PM																	1:05PM			11:30AM						
2:30PM																										
3:00PM																										
3:30PM																	Pilates Float									
4:00PM	Swimming Lessons			Swimming Lessons			Swim Lessons			Water Therapy			Swimming Lessons			Swim Lessons			Reserved							
4:30PM																										
5:00PM																										
5:30PM																	Water Exercise			1:05PM						
6:00PM	6:05PM			Water Exercise			6:05PM			Water Exercise			Swimming Lessons			Swim Lessons										
6:30PM																										
7:00PM	Lap	Lap	Open	Adult Swim Team			Lap	Lap	Open	Adult Swim Team			Lap	Lap	Lap	Reserved	Open			5:35PM						
7:30PM				Lap	Lap	Lap																				
8:00PM																										
8:30PM																										
9:00PM																										
9:30PM																		Pool closes at 7:30PM Saturday and Sunday								
10:00PM																										
Pool closes at 9:30PM Monday-Friday												NOTE: THIS DOES NOT INCLUDE PRIVATE LESSONS SCHEDULE. PRIVATE LESSONS VARY DAILY.														