



**December 29 - January 4**

Activity pool, hot tub, sauna and steam room are open when the facility is open. Slide and water feature usage dependent on other activities (ask lifeguard on duty for more details).

Lap Swim is designated in **WHITE**. Open Swim is designated in **GREY**.

Swim lessons and Adult Swim Team require advanced registration into those programs. Water Exercise is first come first serve, with the exception of float classes when offered.

There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool	
5:00AM		Lap	Lap	Lap	Lap	Lap	Opens at 8:00AM	
5:30AM					Opens Late for New Years Day	5:30AM AquaFit		Lap
6:00AM								
6:30AM								
7:00AM								
7:30AM								
8:00AM	8:05AM	8:05AM	8:05AM	8:05AM	8:05AM	8:05AM	Lap	
8:30AM	Water Exercise	Water Exercise	Water Exercise	Water Exercise	Water Exercise	Water Exercise	Lap	
9:00AM	Lap	9:15AM	Lap	Lap	Lap			
9:30AM		Mindful Mat						
10:00AM								
10:30AM								
11:00AM								
11:30AM								
12:00PM		12:05PM		12:05PM				
12:30PM		Water Exercise		Water Exercise				
1:00PM		Lap		Lap			1:05PM	
1:30PM							Water Exercise	
2:00PM							Lap	
2:30PM							Lap	
3:00PM								
3:30PM								
4:00PM					Water Therapy			
4:30PM					Lap			
5:00PM								
5:30PM					5:35PM			
6:00PM			6:05PM		Water Exercise			
6:30PM		Open	Water Exercise	Open	Lap			
7:00PM			Lap		Lap			
7:30PM			Open		Open			
8:00PM			Closed for New Years Eve					
8:30PM								
9:00PM								
9:30PM	Pool closes at 9:30PM Monday - Friday							
10:00PM								
NOTE: THIS DOES NOT INCLUDE PRIVATE LESSONS SCHEDULE. PRIVATE LESSONS VARY DAILY.								