



Lap Swim is designated in **WHITE**. Open Swim is designated in **GREY**.

There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

| Time                                                                              | Monday                              |     |      | Tuesday          |     |     | Wednesday        |     |     | Thursday         |              |               | Friday           |     |                  | Saturday        |     |      | Sunday                                    |     |     |                |     |     |     |  |  |  |  |  |  |
|-----------------------------------------------------------------------------------|-------------------------------------|-----|------|------------------|-----|-----|------------------|-----|-----|------------------|--------------|---------------|------------------|-----|------------------|-----------------|-----|------|-------------------------------------------|-----|-----|----------------|-----|-----|-----|--|--|--|--|--|--|
|                                                                                   | Large Pool                          |     |      | Large Pool       |     |     | Large Pool       |     |     | Large Pool       |              |               | Large Pool       |     |                  | Large Pool      |     |      | Large Pool                                |     |     |                |     |     |     |  |  |  |  |  |  |
| 5:00AM                                                                            | Lap                                 | Lap | Lap  | Lap              | Lap | Lap | Lap              | Lap | Lap | Lap              | Lap          | Lap           | Lap              | Lap | Lap              | Opens at 6:00AM |     |      | Opens at 8:00AM                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 5:30AM                                                                            |                                     |     |      |                  |     |     |                  |     |     |                  |              |               | 5:30AM AquaFit   |     |                  |                 |     |      |                                           |     |     | Lap            | Lap | Lap |     |  |  |  |  |  |  |
| 6:00AM                                                                            |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 6:30AM                                                                            |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 7:00AM                                                                            |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 7:30AM                                                                            |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 8:00AM                                                                            | 8:05AM                              |     |      | 8:05AM           |     |     | 8:05AM           |     |     | 8:05AM           |              |               | 8:05AM           |     |                  | 8:05AM          |     |      | Lap                                       | Lap | Lap |                |     |     |     |  |  |  |  |  |  |
| 8:30AM                                                                            | Water Exercise                      |     |      | Water Exercise   |     |     | Water Exercise   |     |     | Water Exercise   |              |               | Water Exercise   |     |                  | Water Exercise  |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 9:00AM                                                                            | Lap                                 | Lap | Lap  | Lap              | Lap | Lap | Lap              | Lap | Lap | Lap              | Lap          | Lap           | Lap              | Lap | Swimming Lessons | Lap             | Lap | Lap  |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 9:30AM                                                                            |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 10:00AM                                                                           |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 10:30AM                                                                           |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 11:00AM                                                                           |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 11:30AM                                                                           |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 12:00PM                                                                           |                                     |     |      | 12:05PM          |     |     | 12:05PM          |     |     | 12:05PM          |              |               | 12:05PM          |     |                  |                 |     |      | 12:05PM                                   |     |     |                |     |     |     |  |  |  |  |  |  |
| 12:30PM                                                                           |                                     |     |      | Water Exercise   |     |     | Water Exercise   |     |     | Water Exercise   |              |               | Water Exercise   |     |                  |                 |     |      | Water Exercise                            |     |     | Lap            | Lap | Lap |     |  |  |  |  |  |  |
| 1:00PM                                                                            |                                     |     |      | Lap              |     |     | Lap              |     |     | Lap              |              |               | Lap              |     |                  |                 |     |      | Lap                                       |     |     | 1:05PM         |     |     |     |  |  |  |  |  |  |
| 1:30PM                                                                            |                                     |     |      | Water Exercise   |     |     | Water Exercise   |     |     | Water Exercise   |              |               | Water Exercise   |     |                  |                 |     |      | Water Exercise                            |     |     | Water Exercise |     |     |     |  |  |  |  |  |  |
| 2:00PM                                                                            |                                     |     |      | Lap              |     |     | Lap              |     |     | Lap              |              |               | Lap              |     |                  |                 |     |      | Lap                                       |     |     | Lap            |     |     |     |  |  |  |  |  |  |
| 2:30PM                                                                            |                                     |     |      | Lap              |     |     | Lap              |     |     | Lap              |              |               | Lap              |     |                  |                 |     |      | Lap                                       |     |     | Lap            |     |     |     |  |  |  |  |  |  |
| 3:00PM                                                                            |                                     |     |      | Lap              |     |     | Lap              |     |     | Lap              |              |               | Lap              |     |                  |                 |     |      | Lap                                       |     |     | Lap            |     |     |     |  |  |  |  |  |  |
| 3:30PM                                                                            |                                     |     |      | Lap              |     |     | Lap              |     |     | Lap              |              |               | Lap              |     |                  |                 |     |      | Lap                                       |     |     | Lap            |     |     |     |  |  |  |  |  |  |
| 4:00PM                                                                            |                                     |     |      | Swimming Lessons |     |     | Swimming Lessons |     |     |                  | Swim Lessons | Water Therapy | Swimming Lessons |     |                  |                 |     |      | Water Therapy                             |     |     |                | Lap | Lap | Lap |  |  |  |  |  |  |
| 4:30PM                                                                            | Lap                                 |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 5:00PM                                                                            |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 5:30PM                                                                            |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 6:00PM                                                                            |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 6:00PM                                                                            | 6:05PM                              |     |      | Swimming Lessons |     |     | 6:05PM           |     |     | Swimming Lessons |              |               | 5:35PM           |     |                  | Lap             | Lap | Open |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 6:30PM                                                                            | Water Exercise                      |     |      |                  |     |     |                  |     |     |                  |              |               | Water Exercise   |     |                  |                 |     |      | Water Exercise                            |     |     |                |     |     |     |  |  |  |  |  |  |
| 7:00PM                                                                            | Lap                                 | Lap | Open | Adult Swim Team  |     |     | 7:00PM           |     |     | Adult Swim Team  |              |               | Lap              | Lap | Open             |                 |     |      | Pool closes at 7:30PM Saturday and Sunday |     |     |                |     |     |     |  |  |  |  |  |  |
| 7:30PM                                                                            |                                     |     |      | Float & Fit      |     |     | Float & Fit      |     |     | Float & Fit      |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 8:00PM                                                                            |                                     |     |      | Lap              |     |     | Lap              |     |     | Lap              |              |               |                  |     |                  |                 |     |      |                                           |     |     | Lap            |     |     |     |  |  |  |  |  |  |
| 8:30PM                                                                            |                                     |     |      | Lap              |     |     | Lap              |     |     | Lap              |              |               |                  |     |                  | Lap             |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 9:00PM                                                                            |                                     |     |      | Lap              |     |     | Lap              |     |     | Lap              |              |               |                  |     |                  | Lap             |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 9:30PM                                                                            | Pool closes at 9:30PM Monday-Friday |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| 10:00PM                                                                           |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |
| NOTE: THIS DOES NOT INCLUDE PRIVATE LESSONS SCHEDULE. PRIVATE LESSONS VARY DAILY. |                                     |     |      |                  |     |     |                  |     |     |                  |              |               |                  |     |                  |                 |     |      |                                           |     |     |                |     |     |     |  |  |  |  |  |  |