Familywellness

August 25 - August 31

Activity pool, hot tub, sauna and steam room are open when the facility is open. Slide and water feature usage dependent on other activities (ask lifeguard on duty for more details).

Lap Swim is designated in ***WHITE.*** Open Swim is designated in ***GREY.***

Swim lessons and Adult Swim Team require advanced registration into those programs. Water Exercise is first come first serve, with the exception of float classes when offered.

There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool
5:00AM	Lap	Lap	Lap	Lap	Lap	Opens at 6:00AM	Opens at 8:00AM
5:30AM	Lap	Lap	Lap	Lap	Lap	Lap	Opens at 8:00AM
6:00AM	Lap	Lap	Lap	Lap	Lap	Lap	Opens at 8:00AM
6:30AM	Lap	Lap	Lap	Lap	Lap	Lap	Opens at 8:00AM
7:00AM	Lap	Lap	Lap	Lap	Lap	Lap	Opens at 8:00AM
7:30AM	Lap	Lap	Lap	Lap	Lap	Lap	Opens at 8:00AM
8:00AM	8:05AM Water Exercise	8:05AM Water Exercise	8:05AM Water Exercise	8:05AM Water Exercise	8:05AM Water Exercise	8:05AM Water Exercise	Lap
8:30AM	8:05AM Water Exercise	8:05AM Water Exercise	8:05AM Water Exercise	8:05AM Water Exercise	8:05AM Water Exercise	8:05AM Water Exercise	Lap
9:00AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
9:30AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
10:00AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
10:30AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
11:00AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
11:30AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
12:00PM	Lap	12:05PM Water Exercise	Lap	12:05PM Water Exercise	Lap	Lap	Lap
12:30PM	Lap	12:05PM Water Exercise	Lap	12:05PM Water Exercise	Lap	Lap	Lap
1:00PM	Lap	Lap	Lap	Lap	Lap	Lap	1:05PM Water Exercise
1:30PM	Lap	Lap	Lap	Lap	Lap	Lap	1:05PM Water Exercise
2:00PM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
2:30PM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
3:00PM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
3:30PM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
4:00PM	Lap	Lap	Lap	Lap	Water Therapy	Lap	Lap
4:30PM	Lap	Lap	Lap	Lap	Water Therapy	Lap	Lap
5:00PM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
5:30PM	Lap	Lap	Lap	Lap	Lap	Lap	Lap
6:00PM	6:05PM Water Exercise	Lap	6:05PM Water Exercise	Lap	5:35PM Water Exercise	Lap	Lap
6:30PM	6:05PM Water Exercise	Lap	6:05PM Water Exercise	Lap	5:35PM Water Exercise	Lap	Lap
7:00PM	Lap	Adult Swim Team	Lap	Adult Swim Team	5:35PM Water Exercise	Lap	Lap
7:30PM	Lap	Adult Swim Team	Lap	Adult Swim Team	5:35PM Water Exercise	Lap	Lap
8:00PM	Open	Lap	Open	Lap	5:35PM Water Exercise	Open	Open
8:30PM	Open	Lap	Open	Lap	5:35PM Water Exercise	Open	Open
9:00PM	Open	Lap	Open	Lap	5:35PM Water Exercise	Open	Open
9:30PM	Pool closes at 9:30PM Monday-Friday	Pool closes at 9:30PM Monday-Friday	Pool closes at 9:30PM Monday-Friday	Pool closes at 9:30PM Monday-Friday	Pool closes at 9:30PM Monday-Friday	Pool closes at 7:30PM Saturday and Sunday	Pool closes at 7:30PM Saturday and Sunday
10:00PM	Pool closes at 9:30PM Monday-Friday	Pool closes at 9:30PM Monday-Friday	Pool closes at 9:30PM Monday-Friday	Pool closes at 9:30PM Monday-Friday	Pool closes at 9:30PM Monday-Friday	Pool closes at 7:30PM Saturday and Sunday	Pool closes at 7:30PM Saturday and Sunday

NOTE: THIS DOES NOT INCLUDE PRIVATE LESSONS SCHEDULE. PRIVATE LESSONS VARY DAILY.