Family wellness

July 21 - July 27

Activity pool, hot tub, sauna and steam room are open when the facility is open. Slide and water feature usage dependent on other activities (ask lifeguard on duty for more details). Lap Swim is designated in **WHITE.** Open Swim is designated in **GREY**.

Swim lessons and Adult Swim Team require advanced registration into those programs. Water Exercise is first come first serve, with the exception of float classes when offered. There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

Time	Monday			Tuesday			Wednesday			Thursday			Friday			Ş	Saturday	/	Sunday		
Time	Large Pool			Large Pool			Large Pool			Large Pool			Large Pool			Large Pool			Large Pool		
5:00AM	Lap Lap Lap		Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap La	ар	Lap	000	ns at 6:0	OAM				
5:30AM															Oper	15 at 0.0					
6:00AM														Lap Lap Lap			Opens at 8:00AM				
6:30AM																1	Ope	110 01 0.0	0.4.11		
7:00AM																		 			
7:30AM										0.05414						0.05414					
8:00AM	8:05AM			8:05AM Water Exercise			8:05AM			8:05AM Water Exercise			8:05AM Water Exercise			8:05AM Water Exercise			Lap	Lap	Lap
8:30AM	Water Exercise			Water Exercise			Water Exercise			water Exercise			water Exercise							1	
9:00AM 9:30AM																Lap	Lap	Open			
10:00AM	Qurimming Loopana						Swimming Lessons			Swimming Loogene			Swimming Lessons							: 	
10:00AM 10:30AM	Swimming Lessons			Swimming Lessons			Swimming Lessons			Swimming Lessons			Swimming Lessons							1	
11:00AM																				l	
11:30AM	Lap	Lon	Lon	Lon	Lap	Lap	Lon	Lon	Lon	Lon	Lap	Lon	Lon L	o.n.	Lon						
12:00PM	Lap	Lap	Lap	Lap	12:05PN		Lap	Lap	Lap	Lap	2:05PN	Lap	Lap La	ар	Lap						
12:30PM			Water Exercise							er Exer			İ		Ì						
1:00PM			1	Lap	Lap	Lap		1	1	Lap	Lap	Lap								1:05PM	
1:30PM																			Wa	ter Exer	cise
2:00PM						1													Lap	Lap	Open
2:30PM				Ca								-	Camp								
3:00PM				1:45	-3PM							Water	1:45-3PN	n							
3:30PM						Water		1	1			Therapy								1	
4:00PM			Therapy				Swim Lessons	Water Therapy	Swimming Lessons		-	Water	į						ļ		
4:30PM	Swimming Lessons										Therapy										
5:00PM											Lap										
5:30PM				Swimming Lessons						Swimming Lessons			5:35PM								
6:00PM	6:05PM						6:05PM						Water Exercise						-		
6:30PM	Water Exercise						Water Exercise													1	
7:00PM	Lap Lap Open		Adult Swim Team			Lap	Lap	Open	Adult Swim Team			Dive-In Movie Night (8:45PM)							-		
7:30PM																					
8:00PM				Lap	Lap	Lap		1		Lap	Lap	Lap									
8:30PM								1								Pool	loses a	t 7:30PM	Saturda	y and S	unday
9:00PM 9:30PM								!													
10:00PM						Pool	closes at	t 9:30PM	l Monday	-Friday											
10.00F W																					
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