Family wellness

June 9 - June 15

Activity pool, hot tub, sauna and steam room are open when the facility is open. Slide and water feature usage dependent on other activities (ask lifeguard on duty for more details). Lap Swim is designated in **WHITE.** Open Swim is designated in **GREY**.

Swim lessons and Adult Swim Team require advanced registration into those programs. Water Exercise is first come first serve, with the exception of float classes when offered. There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool
5:00AM 5:30AM 6:00AM	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Opens at 6:00AM Lap Lap Lap	
6:30AM 7:00AM 7:30AM							Opens at 8:00AM
8:00AM	8:05AM	8:05AM	8:05AM	8:05AM	8:05AM	8:05AM	Lap Lap Lap
8:30AM	Water Exercise	Water Exercise	Water Exercise	Water Exercise	Water Exercise	Water Exercise	
9:00AM 9:30AM 10:00AM 10:30AM 11:00AM	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Lap Lap Open	
11:30AM 12:00PM 12:30PM 1:00PM		12:05PM Water Exercise Lap Lap Lap		12:05PM Water Exercise Lap Lap Lap			1:05PM
1:30PM 2:00PM 2:30PM 3:00PM 3:30PM		Camp 1:45-3PM		Water Therapy	Camp 1:45-3PM		Water Exercise
4:00PM 4:30PM 5:00PM 5:30PM	Swimming Lessons	Swimming Lessons	Swim Lessons Herapy	Swimming Lessons	Water Therapy Lap 5:35PM		
6:00PM	6:05PM		6:05PM		Water Exercise		
6:30PM	Water Exercise		Water Exercise		Lap Lap Open		
7:00PM 7:30PM	Lap Lap Open	Adult Swim Team	Lap Lap Open	Adult Swim Team			
8:00PM 8:30PM 9:00PM		Lap Lap Lap		Lap Lap Lap		Pool closes at 7:30PM	Saturday and Sunday
9:30PM 10:00PM		Pool	closes at 9:30PM Monday	-Friday			
NOTE: THIS DOES NOT INCLUDE PRIVATE LESSONS SCHEDULE. PRIVATE LESSONS VARY DAILY.							