Family wellness

June 23 - June 29

Activity pool, hot tub, sauna and steam room are open when the facility is open. Slide and water feature usage dependent on other activities (ask lifeguard on duty for more details). Lap Swim is designated in **WHITE.** Open Swim is designated in **GREY**.

Swim lessons and Adult Swim Team require advanced registration into those programs. Water Exercise is first come first serve, with the exception of float classes when offered. There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool	Large Pool
5:00AM 5:30AM	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Lap Lap Lap	Opens at 6:00AM	
6:00AM 6:30AM						Lap Lap Lap	Opens at 8:00AM
7:00AM 7:30AM							
8:00AM	8:05AM	8:05AM	8:05AM	8:05AM	8:05AM	8:05AM	Lap Lap
8:30AM	Water Exercise	Water Exercise	Water Exercise	Water Exercise	Water Exercise	Water Exercise	
9:00AM						Lap Lap Open	
9:30AM							
10:00AM	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons		Staff
10:30AM				•	, The second sec		Training
11:00AM							
11:30AM							
12:00PM		12:05PM		12:05PM			
12:30PM		Water Exercise		Water Exercise			
1:00PM		Lap Lap Lap		Lap Lap Lap			1:05PM
1:30PM							Water Exercise
2:00PM		Comm			Comm		
2:30PM		Camp 1:45-3PM			Camp 1:45-3PM		
3:00PM		1:45-5F M		Water	1.45-5FW		
3:30PM		Water		Therapy			
4:00PM		Therapy			Water		
4:30PM	Swimming Lessons		Swim Water		Therapy		Staff Training
5:00PM	Swimming Lessons		Lessons Therapy	Swimming Lessons	Lap		
5:30PM		Swimming Lessons		Swimming Lessons	5:35PM		
6:00PM	6:05PM		6:05PM		Water Exercise		
6:30PM	Water Exercise		Water Exercise		Lap Lap Open		
7:00PM	Lap Lap Open	Adult Swim Team	Lap Lap Open	Adult Swim Team			
7:30PM		Adult Swill Tealli		Adult Swill Team			
8:00PM		Lap Lap Lap		Lap Lap Lap			
8:30PM						Pool closes at 7:30PM	Saturday and Sunday
9:00PM							outuruay and outuay
9:30PM		Pool	closes at 9:30PM Monday	-Fridav			
10:00PM							
NOTE: THIS DOES NOT INCLUDE PRIVATE LESSONS SCHEDULE. PRIVATE LESSONS VARY DAILY.							