

# Familywellness

April 1 - May 18

Activity pool, hot tub, sauna and steam room are open when the facility is open. Slide and water feature usage dependent on other activities (ask lifeguard on duty for more details).

Lap Swim is designated in **WHITE**. Open Swim is designated in **GREY**.

Swim lessons and Adult Swim Team require advanced registration into those programs. Water Exercise is first come first serve, with the exception of float classes when offered.

There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Large Pool			Large Pool			Large Pool			Large Pool			Large Pool			Large Pool			Large Pool		
5:00AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Opens at 6:00AM			Opens at 8:00AM		
5:30AM																Lap	Lap	Lap			
6:00AM																					
6:30AM																					
7:00AM																					
7:30AM																					
8:00AM	8:05AM			8:05AM			8:05AM			8:05AM			8:05AM			8:05AM			Lap	Lap	Lap
8:30AM	Water Exercise			Water Exercise			Water Exercise			Water Exercise			Water Exercise			Water Exercise					
9:00AM	9:05AM			Lap	Lap	Lap	9:05AM			Lap	Lap	Lap	Lap	Lap	Lap	Swim Lessons					
9:30AM	Water Exercise						Water Exercise														
10:00AM	Lap	Lap	Lap				Lap	Lap	Lap												
10:30AM																					
11:00AM																					
11:30AM																					
12:00PM				12:05PM						12:05PM						Lap	Lap	Lap			
12:30PM				Water Exercise						Water Exercise											
1:00PM				Lap	Lap	Lap				Lap	Lap								1:05PM		
1:30PM												Water Therapy							Lap	Lap	Open
2:00PM																					
2:30PM																					
3:00PM																					
3:30PM						Water Therapy															
4:00PM															Water Therapy						
4:30PM	Swim Lessons			Swim Lessons			Swim Lessons	Water Therapy		Swim Lessons					Water Therapy						
5:00PM																					
5:30PM				Swim Lessons						Swim Lessons			5:35PM								
6:00PM	6:05PM						6:05PM			6:05PM			Water Exercise								
6:30PM	Water Exercise						Water Exercise						Lap	Lap	Open						
7:00PM	7:05PM			Adult Swim Team			Lap	Lap	Open	Adult Swim Team											
7:30PM	Water Exercise																				
8:00PM			Open																		
8:30PM																					
9:00PM																					
9:30PM																					
10:00PM																					

Pool closes at 9:30PM Monday-Friday

Pool closes at 7:30PM Saturday and Sunday

**NOTE: THIS DOES NOT INCLUDE PRIVATE LESSONS SCHEDULE. PRIVATE LESSONS VARY DAILY.**