

DRESS CODE UPDATE

Family Wellness is a family organization and asks its members to follow our dress code as outlined below. Members are required to wear appropriate active wear in the fitness center, fitness classes, and all other activity or general areas.

Our primary goal is to support users in understanding and following our dress code policy. Family Wellness reserves the right to define the dress code in the facility and may approach members and guests to educate them regarding this code. Members and guests who refuse to abide by our code of conduct, including the dress code, may be asked to leave the facility until they have appropriate attire.

Guidelines for attire are as follows:

- Tops that cover the majority of the torso are required in the fitness center, fitness classes, and all other activity or general areas. Heavily modified shirts that expose the nipples or working out in only a traditional sports bra are not permitted
- Bottoms that cover the full buttocks and are free of embellishments that may damage equipment.
- Clothing that features offensive language or images are prohibited.
- Clean, closed toed gym shoes or shoes with non-marking soles are required in active fitness or activity areas unless otherwise permitted.

In the Aquatics area, please consider the following guidelines:

- A swimsuit or polyester/spandex material is required in the pools and whirlpools (no cotton).
- Swimwear or light workout clothing are required in the Dry Sauna and Steam Room.
- Infants or young children in diapers must wear specialty swim diapers manufactured specifically for swimming pool use.
- Clothing that is overly revealing or see-through or features offensive language or images are prohibited.



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*Family*wellness

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