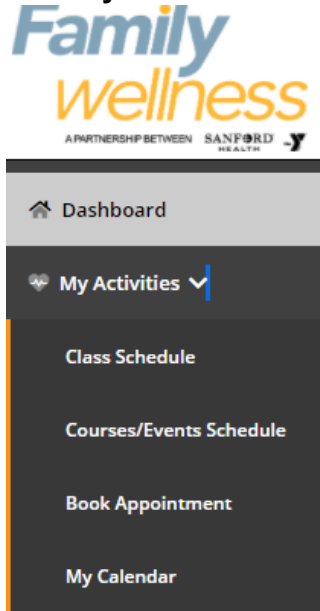


COURSES / EVENTS SCHEDULE – PROGRAMS AND EVENTS

Courses / Events Schedule is where all Programs and Events are located (ie Swim Lessons, Boot Camps, Healthy Cooking, Youth and Adult Programs, etc.)

1. Click **My Activities**



2. Click **Courses/Events Schedule**
3. To drill down for specific classes
 - a. Select Month (and year if applicable)
 - b. Select Category
 - c. Select More Filters to use Key Words or Instructors/Resources
4. Select the desired program or event
 - a. Course Detail popup gives you the option to sign up
 - b. If payment is required you will be prompted to pay the fee

Select Courses / Events

Dashboard / Select Courses / Events

Course Filters

Select Year: << 2021 >>



Select Month: Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

Select Club: Family Wellness

Select Category: ALL

[MORE FILTERS](#)

JAN 2021

 12:00 AM 60 Min	MOVE FOR GOOD FITNESS CHALLENGE 01/04/2021 - 01/15/2021 SUN, MON, TUE, WED, THU, FRI, SAT Inst: Family Wellness 👤 Brown, Jane: \$25.00 👤 Brown, Joe: \$25.00 👤 Brown, Molly: \$25.00	>
 9:00 AM 30 Min	SWIM LESSON GUPPY MINIGROUP MON 9:00AM 01/11/2021 - 03/08/2021 MON Inst: Family Wellness 👤 Brown, Jane: Not Eligible 👤 Brown, Joe: Not Eligible 👤 Brown, Molly: Not Eligible	>

Adult Boot Camp

x

Course Instructor: Becky Peltier
Class Length: 45 min
Date: 01/18/2021 - 02/24/2021
Time: 11:15 AM
Days: MON, WED

- COURSE DESCRIPTION -

Get your New Year's fitness goals off to a good start by joining our Resolution Boot Camp. This program is designed to accommodate all fitness levels from beginner to the advanced. Our trainers will guide you through 6 weeks of High Intensity workouts that will challenge your stamina and your muscles. Grab a friend and sign up for one of our convenient times.

Brown, Jane

Brown, Joe

Brown, Molly

Cancel

Sign Up

Adult Boot Camp



Start Time: 11:15 AM
Date: 01/18/2021
MON, WED
Course Instructor: Becky Peltier



Brown, Joe

Payment Options

Pay Course Fee

\$72.00